

# Laparoscopic Extraction of a Gastric Phytobezoar: A Different Approach

Gökhan Selçuk Özbalcı, Gökhan Lap, Volkan Tümentemur, Kenan Erzurumlu

Department of General Surgery, Ondokuz Mayıs University Faculty of Medicine, Samsun, Turkey

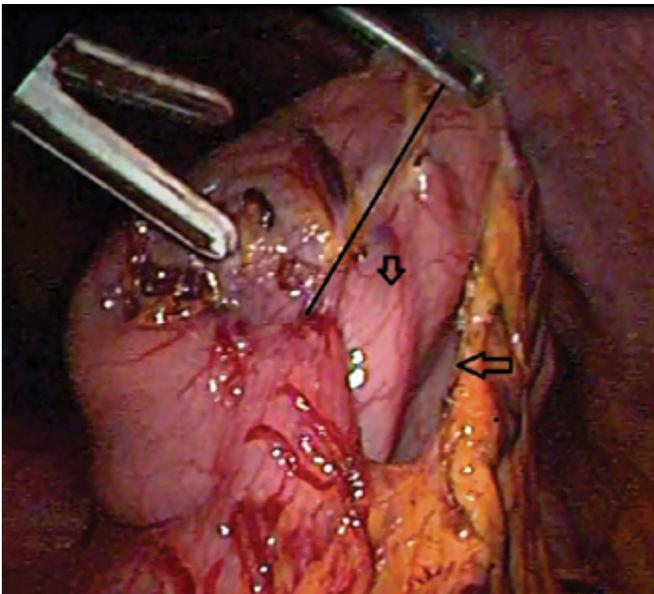
To the Editor,

There are many therapeutic modalities for managing gastric bezoars. These include nasogastric lavage or suction, enzymatic therapy, the use of prokinetic agents and gastroscopic fragmentation and extraction (1-3). If these non-operative treatments fail, a surgical approach is needed and removal of the bezoar has classically been performed by gastrotomy. To our knowledge there are few articles about the laparoscopic treatment of gastric bezoars (1-5).

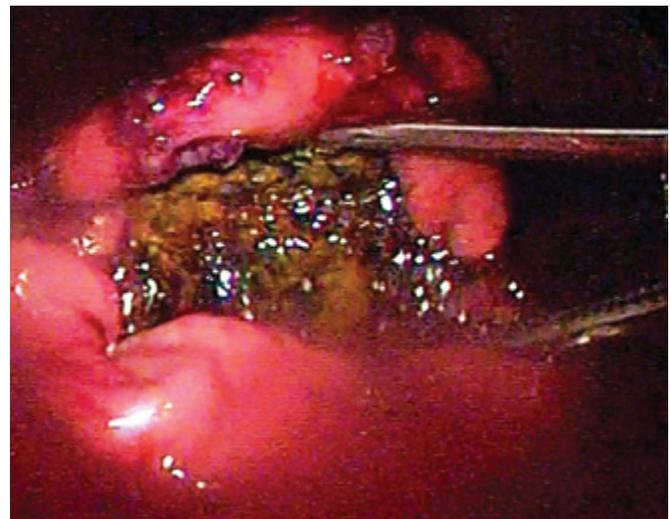
A 54-year-old-female was admitted with severe abdominal pain, loss of appetite and with having had feelings of 'a moving object' in the stomach for a year. Gastroscoy demonstrated a hard phytobezoar of approximately 7 x 5 cm in size with-

in the stomach that could not be fragmented using endoscopic techniques. Therefore laparoscopic removal was considered. First, the gastrocolic ligament was cut approximately 6–7 cm along the stomach (Figure 1). Then the bezoar was removed via a gastrotomy from the greater curvature using the three-trocar technique (Figure 1). It was successfully retrieved from the abdominal cavity after having been fragmented within an endobag (Figure 2). After the extraction, the gastric incision site was closed using two staplers (Tri-Staple 60, Covidien). Finally, the gastrocolic ligament was closed using continuous sutures, and a drainage tube was inserted near the gastrotomy site. The pathologic diagnosis was gastric phytobezoar. All the patient's complaints were gone and the wound healed 2 weeks after the operation.

Herein we presented a laparoscopic treatment of a gastric phytobezoar. Our approach was unique because we made a gastric incision in the greater curvature, which we think this is much more anatomically effective than previously reported



**FIG. 1.** Gastrotomy line in the greater curvature (straight stripe), opened gastrocolic ligament (big arrow), posterior wall of the stomach (small arrow)



**FIG. 2.** Extraction of phtybezoar from the stomach

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Address for Correspondence: Dr. Gökhan Selçuk Özbalcı, Department of General Surgery, Ondokuz Mayıs University Faculty of Medicine, Samsun, Turkey  
Phone: +90 532 461 92 92 e-mail: drselcuk917@yahoo.com

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**FIG. 3.** The remains of the phytobezoar and removed minimal gastric tissue after the surgery

techniques, such as anterior wall incisions. This approach affects the natural shape of the stomach minimally and a minimal amount of gastric tissue is extracted (Figure 3).

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**Informed Consent:** Informed consent was obtained from the patient who participated in this case.

**Peer-review:** Externally peer-reviewed.

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