



SUPPLEMENTARY FIG. 1. Risk of bias graph.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Chen 2013	+	-	-	+	+	+	+
Chen 2019	+	-	+	+	+	-	+
Gao 2023	+	-	-	+	+	+	+
Hao 2023	+	-	-	+	+	-	+
Huang 2015	+	-	-	+	+	+	-
Li 2015	-	-	+	+	+	-	+
Liu 2009	-	-	+	+	+	-	-
Liu 2012	-	-	+	+	+	+	+
Ma 2018	-	-	+	+	+	+	+
Peng 2010	-	-	+	+	+	+	+
Xie 2023	-	-	+	+	+	+	+

Supplementary FIG. 2. Risk of bias summary.