

# Association of HLA-DRB1 Alleles and Autoimmune Hepatitis in Turkish Patients

## Otoimmün Hepatit ile HLA-DRB1 Alel İlişkisi

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**Objectives:** Autoimmune hepatitis (AIH) which is characterized by hypergammaglobulinemia and a wide range of circulating auto antibodies is a necro-inflammatory liver disease of unknown aetiology. Immunogenetic studies have shown the association of autoimmunity with HLA (Human Leukocyte Antigen) alleles. Furthermore, they have shown a decrease in the expression of HLA antigens on lymphocyte surface and a dysregulation of gene expression arranged by HLA. A significant association is found between AIH and HLA-DRB1\*03, \*04 and \*13 alleles in various studies. We performed HLA-DRB1 genotyping in Turkish patients with AIH.

**Patients and Methods:** The study group consisted of 113 patients (55 females, 58 males; mean age 44.8±21.21; range 10-82) with AIH and 300 healthy individuals (198 females, 102 males; mean age 32.4±10.48; range 17-50). After DNA isolation by standard methods, HLA-DRB1 typing was performed by using polymerase chain reaction amplification with sequence-specific primers (PCR-SSP).

**Results:** HLA-DRB1\*03 allele had a significantly increased frequency in the patient group. On the other hand, DRB1\*13 allele had a significantly decreased frequency compared with the healthy controls.

**Conclusion:** HLA-DRB1\*03 might play a role in the pathogenesis of AIH while HLA-DRB1\*13 might have a protective role for AIH.

**Key words:** HLA-DRB; autoimmunity; autoimmune hepatitis.

**Amaç:** Otoimmün hepatit (OIH), dolaşımdaki otoantikorlar ve yüksek serum globulin düzeyiyle birlikte seyreden, nedeni bilinmeyen kronik bir nekroinflamatuvar karaciğer hastalığıdır. İmmünogenetik çalışmalarda, otoimmünite ile HLA (Human Leukocyte Antigen) antijenleri arasında ilişki bulunmuş olup, lenfositlerin yüzeyinde bulunan HLA antijeninde azalma ve HLA tarafından düzenlenen genlerin ekspresyonunda bozulma saptanmıştır. Yapılan çalışmalarda otoimmün hepatit ile HLA-DRB1\*03, \*04, \*13 antijenleri arasında anlamlı birliktelikler bulunmuştur. Bu çalışmada otoimmün hepatit ile HLA-DRB1 antijenleri arasındaki ilişki araştırılmıştır.

**Hastalar ve Yöntemler:** Çalışmamıza 113 hasta (55 kadın, 58 erkek; ort. yaş 44.8±21.21; dağılım 10-82) ve otoimmün hastalığı olmayan 300 sağlıklı birey (198 kadın, 102 erkek; ort. yaş 32.4±10.48; dağılım 17-50) dahil edilmiştir. Standart yöntemler ile DNA izolasyonu yapıldıktan sonra PCR-SSP yöntemi ile HLA-DRB1 doku tiplendirmesi yapılmıştır. Elde edilen sonuçlar Fisher's exact testi kullanılarak değerlendirilmiştir.

**Bulgular:** Hasta grubunda DRB1\*03 alel sıklığının kontrol grubuna oranla yüksek bulunurken DRB1\*13 aleli ise kontrole göre anlamı olarak düşük sıklıkta olduğu görülmüştür.

**Sonuç:** HLA-DRB1\*03 alelinin hastalığa yatkınlığı HLA-DRB1\*13 alelinin ise hastalığa karşı koruyucu özellikte olduğu düşünülmektedir.

**Anahtar sözcükler:** HLA-DRB1; otoimmünite; otoimmün hepatit.

The concept of autoimmunity was first predicted by Nobel Laureate Paul Ehrlich at the start of the twentieth century, and he described it as 'horror autotoxicus'. His experiments led him to conclude that the immune system is normally focused on responding to foreign materials and has an inbuilt tendency to avoid attacking self tissues. But when this process goes wrong, the immune system can attack self tissues resulting in autoimmune disease.<sup>[1]</sup> All individuals are tolerant of their own potentially antigenic substances, and failure of self tolerance is the fundamental cause of autoimmunity.<sup>[2]</sup>

Our knowledge about autoimmunity has progressed especially with development of animal models special to these diseases and definition of genes which lead to predisposition within last two decades. However, the aetiology of most of the autoimmune diseases remains to be unknown. Animal models and studies have shown that viruses might play an important role in aetio-pathogenesis of autoimmune disease affecting 3-5% of the population. Autoimmune hepatitis which is characterized by hypergammaglobulinemia and a wide range of circulating auto-antibodies is a necro-inflammatory liver disease of unknown aetiology.<sup>[3]</sup>

Genetic studies have shown that individuals who express specific HLA alleles are susceptible to autoimmune diseases.<sup>[4-7]</sup> Moreover, autoimmune hepatitis and HLA-DRB1\*03, \*04 and \*13 alleles were found to be in significant association in various studies.<sup>[8-10]</sup> We aimed at determining the association of HLA-DRB1 alleles with AIH in Turkish patients.

**PATIENTS AND METHODS**

The study group consisted of 113 patients (55 females, 58 males; mean age 44.8±21.21; range 10-82) with AIH, diagnosed at the Department of Gastroenterohepatology, İstanbul Medical Faculty, Division of Internal Medicine between 1999-2006 and 300 healthy individuals (198 females, 102 males; mean age 32.4±10.48; range 17-50) who were bone marrow volunteers. None of the individuals in the control group were relatives with each

**Table 1. Frequency distribution of HLA-DRB1 alleles**

	Patients (n=113)	Controls (n=300)
DRB1*01	13 (5.75%)	41 (6.83%)
DRB1*03	37 (16.37%)	59 (9.83%)
DRB1*04	34 (15.04%)	83 (13.83%)
DRB1*07	16 (7.07%)	44 (7.33%)
DRB1*08	1 (0.44%)	18 (3%)
DRB1*09	1 (0.44%)	5 (0.83%)
DRB1*10	7 (3.09%)	16 (2.66%)
DRB1*11	49 (21.68%)	124 (20.66%)
DRB1*12	2 (0.88%)	11 (1.83%)
DRB1*13	13 (5.75%)	68 (11.33%)
DRB1*14	16 (7.07%)	31 (5.16%)
DRB1*15	21 (9.29%)	52 (8.66%)
DRB1*16	16 (7.07%)	48 (8%)

**Table 2. Significant HLA-DRB1 alleles**

	Patients (n=113)	Controls (n=300)	p
DRB1*03	37	59	0.01
DRB1*08	1	18	0.03
DRB1*13	13	68	0.017

other or patients. All patients satisfied the established criteria for the diagnosis of AIH. Deoxyribonucleic acid (DNA) was extracted from peripheral blood leukocytes by salt precipitation method. HLA-DRB1 typing was performed by using polymerase chain reaction amplification with sequence-specific primers (PCR-SSP) (Olerup SSP AB, Hasselstigen 1, SE-133 33 Saltsjöbaden, Sweden). Chi-square and Fisher's exact test were used for statistical analysis (SPSS 12.0 for Windows). p values <0.05 were considered as significant.

**RESULTS**

Allelic frequencies of HLA-DRB1 are shown in Table 1. HLA-DRB1\*03 allele had a significantly increased frequency in the patient group. On the other hand, DRB1\*13 and DRB1\*08 alleles had a significantly decreased frequency in the patients when compared with the healthy group (Table 2). An association between other alleles and autoimmune hepatitis could not be determined. Furthermore, frequency of HLA-DRB1 alleles did not differ in males and females (Table 3). No significant differences could be established for HLA-DRB3, DRB4 and DRB5 alleles between patients and healthy controls.

**DISCUSSION**

Autoimmune hepatitis (AIH) is a disease of unknown aetiology but is presumed to have a basis in aberrant auto reactivity.<sup>[11]</sup> Autoimmune hepatitis is characterized with hypergammaglobulinemia, a wide range of circulating auto-antibodies and periportal hepatitis in liver biopsy. Immunosuppressive treatment including corticosteroids plus azathioprine or 6-mercaptopurine, remission induction and maintenance are standard

**Table 3. Distribution of HLA-DRB1 alleles according to gender**

	Patients (n=113)	Controls (n=300)
DRB1*01	4	9
DRB1*03	19	18
DRB1*04	18	16
DRB1*07	10	6
DRB1*08	0	1
DRB1*09	0	1
DRB1*10	2	5
DRB1*11	24	25
DRB1*12	2	0
DRB1*13	9	4
DRB1*14	6	10
DRB1*15	10	11
DRB1*16	6	10

treatment protocols. Furthermore liver transplantation has been an extremely successful treatment option for patients with decompensate liver cirrhosis.<sup>[12,13]</sup>

Autoimmunity defines the development of immune response to auto-antigens and remains to be an important cause of many diseases. Some genes contribute to the development of autoimmune diseases and family studies have exhibited that autoimmune diseases show associations with some genetic regions suggesting Major Histocompatibility Complex (MHC) genes to be the most important. Thus, many autoimmune diseases were determined to associate with HLA alleles in MHC gene region. It is clearly known that the basic function of HLA molecules is to present peptides to T cells. Auto antigens are processed by professional antigen-presenting cells (APC) and by binding to the groove of particularly HLA-DRB1 molecules they are presented to CD4+T helper cells.<sup>[14]</sup> This data also emphasizes the significant role of T cells in this kind of diseases. The frequency of certain HLA alleles is found to be higher in patients in some diseases (rheumatoid arthritis, Graves's disease) than the controls.<sup>[15-18]</sup> However, although carrying a certain HLA allele might increase the risk of developing an autoimmune disease, the allele itself cannot be accepted as a cause of the disease.

In addition to the environmental factors, genetic susceptibility plays an important role in the development of autoimmune hepatitis.<sup>[19-21]</sup> Immune response starts with the recognition of self or non-self antigens presented by HLA molecules. Differences in the immune responses within different individuals are due to the allelic variations of HLA alleles. The association of HLA-DRB1\*03 with auto-immune hepatitis has been shown long ago. Furthermore, high-resolution DNA-based techniques have indicated that DRB1\*0301 and DRB1\*0401 are the alleles associated with the susceptibility to type-1 autoimmune hepatitis in white North Americans.<sup>[22,23]</sup> HLA DRB1\*03 and DRB1\*04 are independent risk factors for type-1 autoimmune hepatitis in white North American and Northern European patients. Patients with DRB1\*03 are younger at disease onset than patients with HLA DRB1\*04, and they respond less well to corticosteroid therapy. Patients with HLA DRB1\*04 are more commonly women, have a higher frequency of concurrent immune diseases, and respond better to corticosteroid treatment. Patients with HLA DRB1\*03 and DRB1\*04 who had three or four alleles encoding lysine at position DRb7 within the class II MHC molecule developed cirrhosis more commonly (75% vs 9%, p=0.05). In addition, a protective effect for HLA-DRB1\*13 has been shown in several studies with AIH.<sup>[18,24,25]</sup> A study with type 1 diabetes reported low frequency for DRB1\*04 and DRB1\*08 whereas in other studies with rheumatoid arthritis and systemic lupus erythematosus, the frequency for DRB1\*08 was significantly high.<sup>[26-29]</sup>

In the present study in concordance with the previous studies, the frequency of HLA-DRB1\*03 was significantly high in the patient group suggesting that this allele might be associated with disease susceptibility. On the other hand, the high frequency of HLA-DRB1\*13 and DRB1\*08 alleles in the control group and the lower frequency in the patient group indicates a protective role for this allele also in Turkish population.

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