

# Ex Vivo Produced Oral Mucosa Equivalent by Using the Direct Explant Cell Culture Technique

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## ABSTRACT

**Objective:** The aim of this study is the histological and immunohistochemical evaluation of ex vivo produced oral mucosal equivalents using keratinocytes cultured by direct explant technique.

**Material and Methods:** Oral mucosa tissue samples were obtained from the keratinized gingival tissues of 14 healthy human subjects. Human oral mucosa keratinocytes from an oral mucosa biopsy specimen were dissociated by the explant technique. Once a sufficient population of keratinocytes was reached, they were seeded onto the type IV collagen coated "AlloDerm" and taken for histological and immunohistochemical examinations at 11 days postseeding of the keratinocytes on the cadaveric human dermal matrix.

**Results:** Histopathologically and immunohistochemically, 12 out of 14 successful ex vivo produced oral mucosa equivalents (EVPOME) that consisted of a stratified epidermis on a dermal matrix have been developed with keratinocytes cultured by the explant technique.

**Conclusion:** The technical handling involved in the direct explant method at the beginning of the process has fewer steps than the enzymatic method and use of the direct explant technique protocol for culturing of human oral mucosa keratinocyte may be more adequate for EVPOME production.

**Key Words:** Oral mucosa, keratinocyte, epidermis, dermal matrix

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## Introduction

Burns, traumas, penetrating gun shot injuries and ablative cancer surgeries of the circumoral region could result in composite tissue defects including the oral mucosa. There are many techniques described in the literature aiming at the reconstruction of the intraoral region including: the use of skin-bearing flaps, full thickness mucosal grafts and split thickness skin grafts, grafting procedures by using allogenic materials, the use of soft tissue expanders, etc (1-5). However, inadequate texture of the skin grafts due to the unwanted hair growth and excessive keratinization, insufficient volume of the full thickness mucosal grafts, donor site morbidity and the controversies in reported success rates of the soft tissue expanders and allogenic graft materials resulted in the need for tissue engineering techniques which may provide new alternatives to overcome these problems. In the last two decades, oral mucosa equivalents produced in ex-vivo conditions began to assist to oral and maxillofacial surgeons in the management of the oral mucosa deficiencies. In addition, researches in the fields of oral biology, pharmacology, toxicology and chromosomal

analyses are widely performed by using the "ex-vivo produced oral mucosa equivalents" ("EVPOME").

The production of an oral mucosa equivalent consists of two steps: Keratinocyte cultivation (primary cell culture) and the production of the oral mucosa equivalent on a scaffold. Basically, there are two techniques used in cultivation of oral mucosa keratinocytes: the enzymatic and the direct explant technique (6, 7).

Billingham and Reynolds (8) proposed a technique for the separation of epithelial cells using an enzyme (trypsin), thus called the enzymatic method, in order to obtain keratinocytes and at the same time prevent these cells from losing their viability and culture potential. In 1999, Izumi et al. (9) developed an "ex vivo composite oral mucosal equivalent" that consisted of stratified epidermis on an acellular nonimmunogenic cadaveric human dermis matrix, and which has become widespread via successful clinical human intraoral grafting procedures during the last decade (10-12). However, several technical obstacles in the enzymatic method can be encountered, such as long culture periods (3-4 weeks) and low intake rates in the enzymatic treatment (13, 14).

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In 1910, Carrel and Burrows described a method for the extraction of epithelial cells called direct explant, which has been used since that time (15). The direct explant technique has also been used for 30 years in the culturing of human oral tissues (16, 17). In the direct explant technique, the cells from the initial tissue extraction affixed to a culture dish migrate out of the tissue starting from the edges of the fragment, adhering to and multiplying on the culture dish. It has been suggested that direct explant technique is more successful than the enzymatic technique in culturing human oral keratinocytes (6, 18).

In the current study, an optimized version of the original direct explant technique described by Carrel and Burrows in 1910 was used to obtain keratinocyte culture and produce "EVPOME". To the best of our knowledge, "EVPOME" was first produced by using the direct explant technique.

## Material and Methods

This project was approved by the First Ethics Committee of Clinical Researches of Ankara, under License Number 2010/01-214. Primary cell cultures were performed by using human oral epithelial tissues from volunteers undergoing dental surgeries such as; implant surgery, third molar extraction, and gum surgery etc. at the Oral and Maxillofacial Surgery Clinics in Gulhane Military Medical Academy. Oral epithelial tissues were obtained from the keratinized gingival tissues of 14 healthy human subjects (8 male, 6 female and age ranging from 16 to 57 years).

### Primary culture (19, 20)

The tissue specimens were carried to the cell culture laboratory in a 10 mL "culture media" ("Dulbecco's Modified Eagle's Medium" DMEM: Gibco BRL, New York, USA pH 7.2) supplemented with 10% heat-inactivated fetal calf serum (FCS), 100 U/mL penicillin, 100 µg/mL streptomycin and 0.5% amphotericin B (Gibco BRL, New York, USA) to prevent growth of micro-organisms. The tissue specimens were washed and disinfected in a pure povidone iodine solution for 1-2 minutes and then washed in culture media. Then, each tissue specimen were cut into 8-10 pieces, approximately 1×1 mm in size, and placed in the different culture flasks (T-25 flask, Corning, New York, USA) by a sterile needle of the dental injector (Figure 1). Tissue pieces were left in the culture plate for 15-20 minutes and then the culture media was dropped on the tissue pieces gently. After waiting of 3-4 hours, culture plate was flooded with 5 mL culture media. The culture plate was incubated at 37°C in a humidified atmosphere of 95% air and 5% CO<sub>2</sub> (Incubator SANYO MCO 18-AIC, Osaka, Japan). The culture medium was replaced with the fresh one twice a week. After the keratinocytes, which were squamous in shape, started to multiply around the tissue sample origin to a diameter of 2-5 mm (Figure 2a), the culture medium was changed to a chemically defined serum-free culture medium (Figure 2b) ("EpiLife" Cascade Biologics, Portland, OR, USA) supplemented with human keratinocyte growth factors ("EDGS" Cascade Biologics, Portland, OR, USA), 125 µg/mL gentamycin and 1 µg/mL amphotericin B (Sigma Chemicals Co, USA) with a cal-

cium concentration of 0.06 mM. Thus, fibroblast overgrowth was prevented (Figure 2c). The culture was fed every other day with the chemically defined serum-free culture medium. After around 20 days, when the primary cell culture reached 70-80% confluence (Figure 2d), oral mucosa keratinocytes were harvested with a solution of 0.025% trypsin-ethylenediaminetetra-acetic acid (Trypsin-EDTA, "TE" Cascade Biologics, Portland, OR, USA) at 37°C. After 4-5 minutes, Trypsin-EDTA activity was inhibited with an equal volume of 0.0125% trypsin inhibitor. Disaggregated cells were collected, counted, centrifuged, resuspended and replated into new T-25 flasks (Corning, New York, USA) at a density of  $2.0 \times 10^4$  cells/

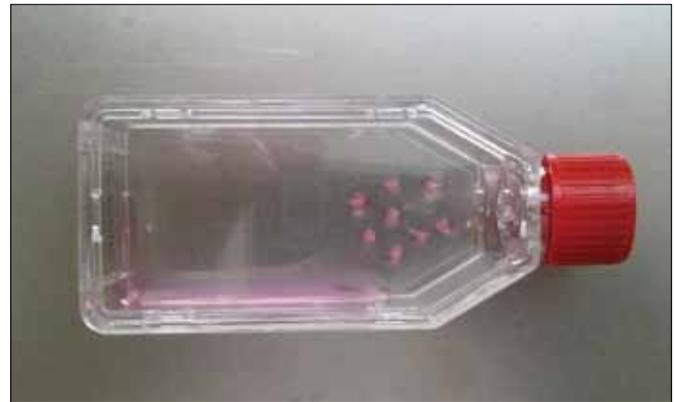


Figure 1. The tissue specimens, approximately 1×1 mm in size, placed in a T-25 flask

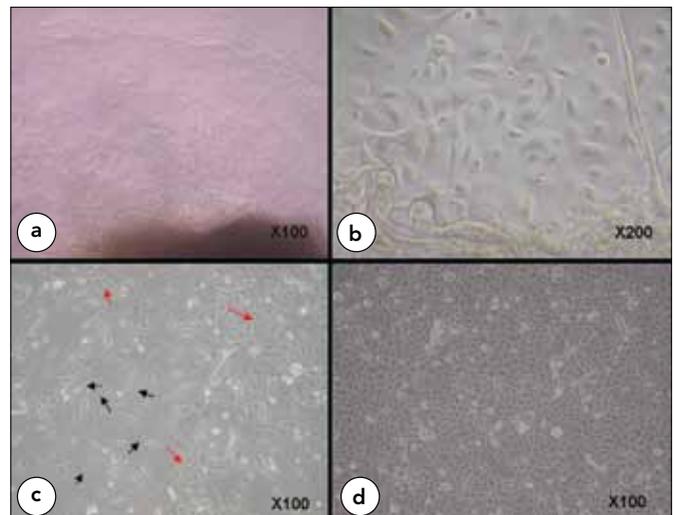


Figure 2. a) After the keratinocytes, which are squamous in shape, start to multiply around the tissue sample origin to a diameter of 2-5 mm, b) the culture medium is changed to a chemically defined serum-free culture medium ("EpiLife") supplemented with human keratinocyte growth factors, 125 µg/mL gentamycin, 1 µg/mL amphotericin B and with a calcium concentration of 0.06 mM c) Prevention of the fibroblast overgrowth (keratinocytes are shown by red arrows and fibroblasts are shown by black arrows). d) Hyperproliferative state of keratinocytes in a chemically defined serum-free culture medium. The cuboidal keratinocytes are relatively uniform in size and morphology, and there is no evidence of fibroblast contamination (x100)

cm<sup>2</sup> (9). In this study, the success rate of the culturing method was defined as the ability of the cells to grow out from the tissue sample origin, become 70-80% confluent and to survive at least until the first passage.

### Preparation of "AlloDerm" (9)

"AlloDerm" (LifeCell, Branchburg, NJ), the acellular human cadaver dermis, was cut into circular pieces of 11.3 mm diameter in order to conform to the area of a 48-well microplate (Corning Inc. Corning, NY, USA). Two circular samples were rehydrated in washing solution. The epidermal surface of the human cadaver dermis is rough and washing solution is easily drained off, on the other hand, dermal surface is shiny and washing solution is retained. Epidermal and dermal surfaces of the samples were identified and transferred to the 48-well microplate with epidermal surfaces up. They were pre-soaked and kept overnight at 4°C in 100 µL of PBS and human Type IV Collagen (5 µg/cm<sup>2</sup>) to enhance attachment of seeded keratinocytes.

### Production of keratinocytes on "AlloDerm" (9)

Oral keratinocytes from the first passage of actively dividing cells were used to seed onto "AlloDerm" samples. They were harvested by adding a solution of trypsin-ethylenediaminetetra-acetic acid (Trypsin-EDTA, TE Cascade Biologicals, Portland, OR, USA) at 37°C. Trypsin-EDTA activity was inhibited with an equal volume of 0.0125% trypsin inhibitor. Disaggregated cells were collected, counted, centrifuged, and re-suspended. Cells were seeded onto "AlloDerm" samples in 2 different 48-well microplates at the density of 1.8×10<sup>5</sup> cells. At that time, 1.2 mL of "culture medium" containing a high concentration of calcium (1.2 mM) was gently added to 48-well microplates without disturbing the cells. The oral keratinocyte-"AlloDerm" composites were cultured and submerged for 4 days in the 48-well culture microplates. Composites were fed daily during this period with "culture medium". After incubating the composites in a submerged environment for 4 days, they were transferred to organotypic tissue culture flasks (Corning Inc. Corning, NY, USA). The medium was changed every other day for 7 more days. The organotypic tissue culture flasks allowed the composites to grow at an air-liquid interface. This culturing technique has been shown to encourage stratification of the epithelial layers (9, 21).

### Histological examination

Prior to keratinocyte cultivation, a piece of original tissue sample was obtained to create a control group and used for comparison of the histological and immunohistochemical characteristics of the original tissue sample and "EVPOME" of the same patient. A piece of tissue sample was fixed in 10% formaldehyde. Then it was embedded in paraffin and cut to 5 µm and stained with hematoxylin and eosin. "EVPOME"s were removed from the organotypic tissue culture flasks at the 11<sup>th</sup> day post-seeding of the keratinocytes and fixed in 10% formaldehyde. The fixed "EVPOME"s were embedded in paraffin and cut to 5 µm and stained with hematoxylin and eosin in the same manner.

### Immunohistochemical examination

Anti-Ki-67, anti-laminin-5 and anti-cytokeratin-3 (K-3) primary antibodies were used for the immunohistochemical evaluation. The comparative evaluation was performed in the same manner as the histological evaluation.

Four-micron thick sections were prepared. For Immunohistochemistry, slides were placed in an oven at 56°C dry heat for 30 min for deparaffinization, then washed in alcohol and xylol solutions. Slides were placed in citrate buffer at 98°C for 5 min for antigen retrieval. Then they were washed in Phosphate Buffered Saline (PBS). For blocking the endogenous peroxidase, sections were incubated in 3% H<sub>2</sub>O<sub>2</sub> for 10 min. Slides were placed in distilled water and PBS, then incubated with primary antibodies (Antikeratin 3/76 clone AE5 at a 1:200 dilution, Anti Ki-67 at a 1:100 dilution, and Anti Laminin-5 clone P3H9-2 at a 1:100 dilution mouse monoclonal antibodies, Millipore Billerica, MA USA) for 2 hours at 25°C and washed with PBS. Secondary biotin-conjugated antimouse immunoglobulin was used at a 1: 500 dilution, and a horseradish peroxidase-conjugated streptavidin solution was applied for 40 min and washed with PBS. Application of diaminobenzidine hydrochloride chromogen for 10 min and washing with tap water were carried out. Slides were counterstained with hematoxylin and rinsed in tap water and were mounted.

### Results

Tissue samples were obtained from 14 healthy human subjects (8 males and 6 females) aged between 16-57 years (mean age 28.5±11.4). The results showed that the only two primary cultures of the oral epithelial cells by direct explant technique failed, and the total success rate was 85.71%. In this study, no contamination of micro-organisms in primary cell cultures was observed. The success rate of the "EVPOME" production following a successful keratinocyte cultivation was 100% (Table 1).

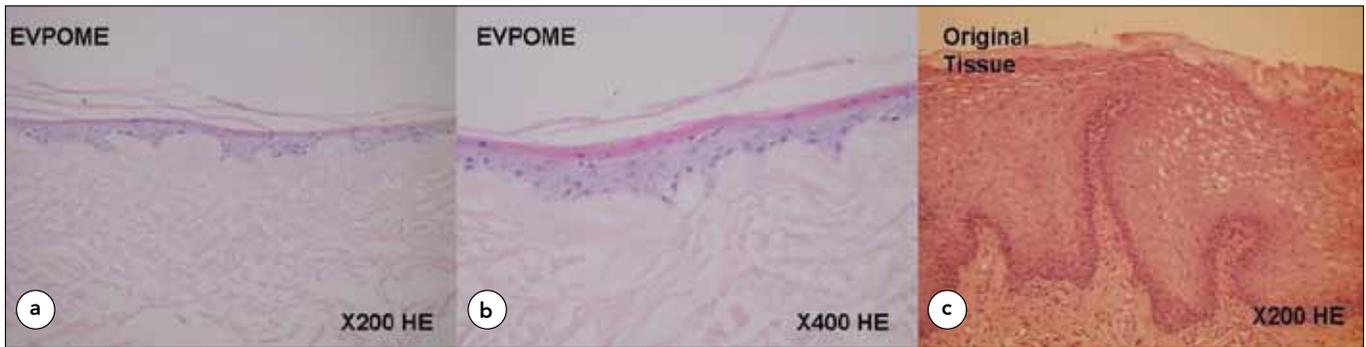
The average number of days required for epithelial cells to grow and migrate out from the tissue origin was around 9-10 days and it took a total of 20.25±1.05 days for the cells to become fully confluent.

### Histological evaluation

Histologically, "EVPOME"s development showed multi-layered epithelium comprising basal, suprabasal, and parakeratinized layers. The epithelial architecture of "EVPOME"s resembled that of normal oral mucosa. Highly stratified

**Table 1. The success and failure of the direct explant technique classified by sex and age**

	Success	Failure	Total
Number of cases	12 (85.7%)	2 (14.3%)	14 (100%)
Age (Means±SD)	26.5±8.6	41±22.6	28.5±11.4
Range (years)	16-43	25-57	16-57
Sex			
Male	6	2	8
Female	6	.	6



**Figure 3.** Histological appearances of the "EVPOME"s a) b) (x200 H.E. and x400 H.E.), and the original tissue sample c) (x200 H.E.)

"EVPOME"s showed evidence of parakeratosis. Keratinocytes of the basal layer were cuboid, and they were aligned along the "AlloDerm" surface. Under the basal layer of "EVPOME"s, "AlloDerm" showed no evidence of any cellular components and consisted of interlacing dense collagen bundles of varying sizes, indicating that the structural integrity of the extracellular matrix was intact. The thickness of the epithelial sheet was measured to be 3 to 7 cell-layer in "EVPOME" and 7 to 20 cell-layer in the original tissue sample. Despite the differences of thickness between "EVPOME" and the original tissue sample, the structure was very similar in both groups (Figure 3).

#### Immunohistochemical evaluation

##### Anti-Ki-67

The immunohistochemical comparison of the "EVPOME" and original tissue sample via Ki-67 antibody revealed that both specimens were positive staining in their nuclei, thus confirming the existence of proliferating cells in the basal layer (Figure 4a).

##### Anti-laminin-5

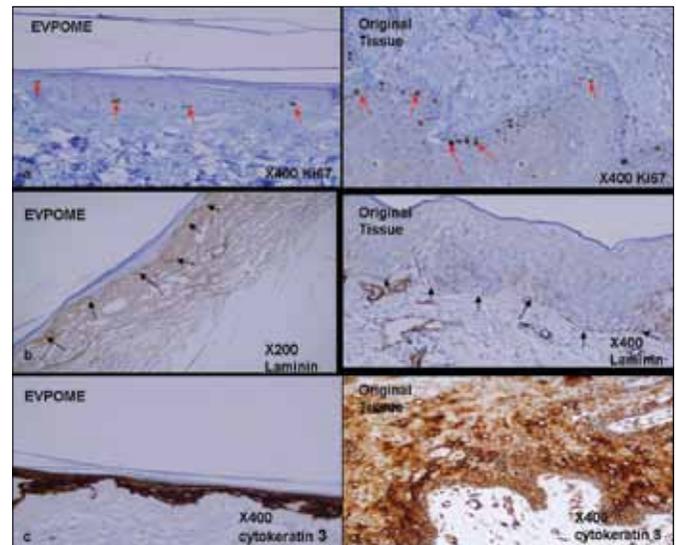
The immunohistochemical comparison of the "EVPOME" and original tissue sample via anti-laminin-5 antibody revealed similar linear stainings (Figure 4c).

##### Anti-cytokeratin-3 (K-3)

The immunohistochemical comparison of the "EVPOME" and original tissue sample via K-3 antibody revealed that both specimens were positive staining in all layers of the epithelium, except the parakeratinised layer (Figure 4b).

#### Discussion

The direct explant technique and the enzymatic method of obtaining cells were compared from the beginning of the respective processes. Kedjarune et al. (6) compared both the direct explant technique and the enzymatic method in cultivation of human oral keratinocytes. According to their results, the direct explant technique appeared to be more successful for culturing human oral tissue keratinocytes than the enzymatic method. The direct explant method required only small pieces of gingival tissue and generated a higher cellular product when compared with the enzymatic method. However, more time was required before subculture in the direct explant technique. These findings were in disagreement with the results of the study performed by Klingbeil et al. (7) who



**Figure 4.** Immunohistochemical comparisons of the "EVPOME" and the original tissue sample by a) anti Ki-67 antibody (proliferative cells at basal layer of the epithelium are showed by red arrows), b) anti laminin-5 antibody (linear staining of the epithelium is shown by black arrows) and c) anti cytokeratin-3 antibody

stated that the enzymatic method showed the best results in the cells obtaining time needed, cell amount and life-span.

The enzymatic method appeared to require larger pieces of tissue to provide sufficient density of the seeding cells compared with the direct explant technique, however it has been suggested that the enzymatic method was faster and easier to manage (6). Freshney stated that the direct explant method should be chosen when the tissue sample is limited (22). Therefore, we think that the direct explant technique could be more suitable for intraoral grafting procedures, because the enlargement in the size of the oral tissue sample could result in more patient discomfort. Furthermore, in this study, around 8-10 pieces of tissue sample, approximately 1×1 mm in size, were placed in the culture flasks. We think that, if the pieces of tissue sample placed in the culture flask could be more than 8-10 pieces, the average initial harvesting time for keratinocyte cultivation by the direct explant technique would be faster.

The age of the patients providing tissue samples did not appear to affect the success rate in this study. This finding was

consistent with the results of Reid et al. (23) and Kedjarune et al. (6). However, this study contrasts with the findings of Lauer, (24) who found that age appeared to influence keratinocyte culture viability, as tissue from subjects younger than 40 years of age were cultured successfully in 80% of cases when compared to only 65% when the subjects were over 40 years of age.

It has been suggested that bacterial and fungal contamination may cause failure in both of the direct explant and the enzymatic keratinocyte culture techniques, as oral tissue is usually contaminated with a high load of microorganisms during medium preparation (6) Wanichpakorn and Kedjarune-Laggat (20) have highlighted that the contamination risk is correlated with the size of the tissue, because the tissue samples were very small and thin. The disinfection times for tissue samples can vary among different studies. In the current study, the tissue samples were not contaminated after placing in a 10% povidone iodine solution for about one minutes. In the current study, only two samples failed in keratinocyte cultivation. The reason for the failures could not be determined exactly. However, we think that these failures could depend on the harvesting, transportation and/or culturing conditions of tissue samples. In addition, no failure was detected after seeding on "Alloderm".

Technical handling involved in the direct explant method at the beginning of the process is less than the handling required for the enzymatic method. However, Daniels et al. (18) surveyed the current techniques for isolation and culture of human keratinocytes, and 21 out of 34 laboratories in England, who returned the questionnaire, reported that they used the enzymatic method, with some variation in the type, concentration and condition of the enzymes that they used, and also with some differences reported the concentration of calcium in the culture media.

The average initial harvesting time for keratinocyte cultivation by the direct explant technique was found to be 14.2 days in a previous study (7). In the current study, it was  $20.25 \pm 1.05$  days, somewhat longer than the previous study. Using a bigger culture plate (T-25 flask, 25 cm<sup>2</sup>) than this previous study may have caused this difference. According to the results of the study performed by Klingbeil et al. (7), the operating procedure used in the direct explant technique process involves fewer steps compared with the enzymatic technique. The higher success rate of direct explant technique compared with the enzymatic technique may be interpreted by the number of the steps required. In this study, the success rate of oral mucosa keratinocyte culturing by direct explant technique (85.7%) is similar to the findings of Wanichpakorn and Kedjarune-Laggat (20) (88.9%), higher than the study of Kedjarune et al. (6) which was about 82% and also higher than the study of Reid et al. (23), which had about 80% success rate, even though these studies used the same direct explant technique.

At the end of this study, histological findings of "EVPOME"s development showed the same epithelial architecture as the previous studies performed by Izumi et al. (9, 25). Also, the epithelial architecture of "EVPOME"s resembled that of normal oral mucosa. Despite the differences of thickness between "EVPOME" and original tissue sample, the structure was very similar in both groups. In addition,

immunohistochemically, the existence of proliferating cells in the basal layer of "EVPOME" and similar linear stainings with laminin-5 antibody as in that of normal oral mucosa have been shown. In addition, expression of cornea-specific cytokeratin-3 in the oral epithelial cells has been shown. It has also been shown by a previous animal study (26). Cytokeratin-3, reportedly, is a reliable marker for corneal differentiation and is positive for epithelial cells of the cornea, nose, and some oral mucosa, and our results are consistent with the finding about the oral mucosa (26).

## Conclusion

The direct explant method used for "EVPOME" production provided successful results. From the experience of the current study, it can be concluded that the direct explant technique has two advantages in "EVPOME" production:

1. Technical handling involved in the direct explant method at the beginning of the process has fewer steps.
2. The direct explant technique could be more suitable for intraoral grafting procedures, because the enlargement in the size of the oral tissue sample could result in more patient discomfort.

The use of the direct explant technique protocol for culturing human oral mucosa keratinocyte may be more suitable for "EVPOME" production. A further study could be useful to compare histological and immunohistochemical characteristics of "EVPOME"s produced by the direct explant technique and the enzymatic method.

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**Ethical approval:** This project was approved by the First Ethics Committee of Clinical Researches of Ankara, under License Number 2010/01-214.

## Conflict of Interest

No conflict of interest was declared by the authors.

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